



*international  
workcamps*  
**2011**

[www.cocat.org](http://www.cocat.org)



## Workcamps 2011

**Come and participate with us!**

### **WHO WE ARE: COCAT**

**COCAT** is a Catalan non-governmental and non-profit coordinating platform created to represent Catalonia's international workcamp organisations.

CRUC, RAI, Fundació Escolta Josep Carol, Fundació Catalana de l'Esplai, Associació Cultural Envall Fosca, Obre't Ebre, Casal de Joves de Cardedeu and Associació Catalana del Lleure Formatiu are members of COCAT, the network of Catalan entities that have been organising international workcamps for the last two years.

### **The aims of COCAT:**

- To develop workcamps and voluntary service as a tool for personal, collective and community development, with the central values of interculturality, culture of peace, sustainability and social justice and equality;
- To represent and bridge the local Catalan youth associations organising international workcamps in Catalonia, with the international voluntary service movement. The development of networking is our aim and our methodology: synergies are our goal.

### **WORKCAMPS**

Our workcamps are non formal learning proposals for young people coming from many different countries and cultures. Workcamp projects are a living way to share culture, supporting non profit world and developing local communities traditions, promoting ideals of solidarity and citizenship.

### **Our proposal to you as a future volunteer is...**

...to take part in a project that will provide:

- Full-learning experience of voluntary service for local communities, in intercultural framework.
- Leisure activities to enjoy your free time, being in contact with local community.
- Accommodation and food during the workcamp period, a way as well to be independent and to share cultural traditions
- Accident and third part liability insurance.

### **Expectations... in action!**

We really expect your motivation to take part into the project... So when you come, come prepared to:

- Contribute with energy and action, to the daily life of the camp as a group member
- Work about 30 hours per week.
- Respect and enjoy cultural and social diversity of participants and locals.
- Bring your own illness insurance.

**Be an active volunteer!**

# CATALONIA

Catalonia is situated in the North East of the Iberian Peninsula. It has a territory of 32.000 km<sup>2</sup> and around 7.000.000 inhabitants.



Catalonia is a European Mediterranean country with a strong personality and very motivated to enhance its customs and traditions. The Catalanian landscape is very varied one: Pyrenean Mountains contrast strongly with coast regions, desert landscape are mixed to the most beautiful mediterranean ones. The historical invasions and political conquests, gave Catalonia the awareness to open its door to intercultural dialogue and to live together with the old tradition of catalan community and values.

The present structure of political power in Catalonia, after 40 years of dictatorship and denyance of its language and traditions, was defined basically by the *Statute of Autonomy* (1979, revised in 2006) and by the political institutions of the *Generalitat de Catalunya* (Catalan Autonomous Government).

## LANGUAGE

The language of the country is Catalan, one of the group of western neo-Latin languages together with Spanish, Portuguese and French. However, everyone learns Spanish at school so there is no problem for non-Catalan speaking visitors.

Catalan culture is the one of a community of ten million people, living in France, Spain and Italy (I'Alguer). Catalan is a living language spoken in the everyday life, studied at schools, colleges and universities and used on radio, television and newspapers.



## Workcamps 2011

Come and participate with us!

### USEFUL INFORMATION

#### YOUTH HOSTELS IN CATALONIA

The Catalan Hostels Network comprises 40 hostels. For information, contact: TURISME JUVENIL DE CATALUNYA

Tel. + 34 93 483 83 41 [www.tujuca.com](http://www.tujuca.com)

#### TRANSPORTS

Find information on buses, trains, taxis, underground and discount cards on the following web sites:

**Trains:** [www.renfe.es](http://www.renfe.es)

**Bus** from and to Barcelona: [www.barcelonanord.com](http://www.barcelonanord.com)

**To move inside Barcelona:** [www.bcn.es](http://www.bcn.es), [www.tmb.cat](http://www.tmb.cat)

**Special railway:** [www.fgc.net](http://www.fgc.net)

**By car:** [www.dgt.es](http://www.dgt.es)

#### INFORMATION AND MAPS

Information on the following web pages:

[www.bcn.es](http://www.bcn.es)

#### AVERAGE PRICES

	€
A load of bread (1/4 kg)	0.85 €
A bus ticket (inside Barcelona) /10 tickets bonus	1.45 / 8.25 €
An underground ticket / 10 tickets bonus	1.45 / 8.25 €
A night in a hostel	18-25 €
A beer in a bar	2.50 €
Coffee in a bar	1.30 €

#### COCAT CONTACTS

General information: [cocat@cocat.org](mailto:cocat@cocat.org),

About your participation in Catalunya: [incoming@cocat.org](mailto:incoming@cocat.org),

Tlf: +34 93 425 40 64

Fax: 0034 93 423 44 98

Adress: c/Calàbria, 120, 08015 Barcelona, Spain



## Workcamps 2011

**Come and participate with us!**

### Cocat International Workcamps 2011

CODE	CAMP	FROM	TO	LOCATION	TYPE	VOLS	AGE
CAT01	Environmental Action in Costa Brava	25/06/2011	09/07/2011	La Selva de Mar	ENVI	25	18-30
CAT02	Implementing social inclusion policies in Vilafranca through sustainable International Work	02/07/2011	15/07/2011	Vilafranca del Penedès	SOCI / ENVI	14	18-30
CAT03	Friendly People	07/07/2011	20/07/2011	Tortosa	SOCI / RENO	12	18-30
CAT04	International Traditional Music Festival of Cantonigròs	07/07/2011	20/07/2011	Cantonigròs	FEST	24	18-30
CAT05	Rural days and heritage recovery	17/07/2011	31/07/2011	Cambrils (Odèn, Pyrenées)	SOCI / RENO	15	18-30
CAT06*	Delta Workcamp	16/07/2011	30/07/2011	El Prat de Llobregat	ENVI	25	18-30
CAT07	Trullets '11	18/07/2011	31/07/2011	Algèri	ENVI / RENO	25	18-30
CAT08	Montsoriu castle	19/07/2011	01/08/2011	Castell de Montsoriu - Arbúcies	ARCH	25	18-30
CAT09	Cooperate with Barcelona	31/07/2011	13/08/2011	Barcelona	SOCI / RENO	24	18-30
CAT11	After the fire	15/08/2011	29/08/2011	Pinós	ENVI	15	18-30
CAT12	Wetlands. International experience in the Empordà	16/07/2011	29/07/2011	<b>Castelló d'Empúries</b>	ENVI	25	18-30
CAT13	Sant Iscle's castle: looking for a past	31/07/2011	14/08/2011	<b>Vidreres</b>	ARCH	24	18-30
CAT14	Montmagastre'11	02/08/2011	15/08/2011	<b>Artesa de Segre</b>	ENVI	25	18-30

CAT06\*: 4 MOTORS PROJECT: ONLY FOR IBG (GERMANY), CONCORDIA FRANCE, LOMBARDIA AND COCAT CATALUNYA)

**Be an active volunteer!**



## Workcamps 2011

Come and participate with us!



# CAT01 Environmental Action in Costa Brava

**25/06/2011 to 09/07/2011 La Selva de Mar**  
**ENVI 25 vols 18-30**

This project will take place at the Natural Park of Cap de Creus (Creus' Cape). One of the most interesting aspects of the cape is its geological formation, which is easily visible as the majority of the cape consists of bare rocks. The project will include cleaning and recovery of ways of the park and his walls of stone dries, and maintenance of fountain and cleaning of the river of the Selva de Mar.

**Partner organization:** Fundació Catalana de l'Esplai

**Work:** Recovery of old rural paths in the area - Manual supression of invading vegetation (carpobrotus) - Recovery of old walls of stone dries - Arrange and cleanliness of paths.

**Accomodation:** In tents with facilities of the "Association of Hunters Cabo de Creus", in the municipality of La Selva de Mar.

**Free time activities:** Different activities and games with the aim of reflexion about the perspectives of co-education, interculturality, peace or sustainability. There will also be activities to promote the discovering of Catalonia, excursions to Dali House, excursion to Cadaqués...

**Location:** La Selva de Mar

**Nearest airport:** Girona or Barcelona



## Workcamps 2011

Come and participate with us!



## Remarks!

### CAT01 Environmental Action in Costa Brava

**A comment from a last year's volunteer:**



**>> "The workcamp is very interesting and I like the way the campleaders show us how to work and do all activities." <<**

<b>Hard Work?</b>	A little bit!
<b>Motivation letter</b>	No
<b>New in this camp</b>	It initiates new tasks centred on the environment of the place of Tudela.
<b>Don't forget!</b>	
<b>Accessing</b>	Accessing! For socioeconomic background or mental disabilities



## Workcamps 2011

Come and participate with us!



# CAT02 Implementing social inclusion policies in Vilafranca through sustainable International Work

**02/07/2011 to 15/07/2011 Vilafranca del Penedès  
SOCI / ENVI 14 vols 18-30**

A project that develops policies for inclusion of children at risk of social exclusion in the village of Vilafranca del Penedès in collaboration with local authorities, among others through workshops and sustainable and organic farming.

**Partner organization:** Fundació Soñar Despierto

**Work:** The work is to organize workshops, games and activities focusing on:

- Theater and cultural expression
- Sport and healthy eating
- Learning English

This activities will be done for a group of young people (9-11 years old).

**Accomodation:** In a Youth Hostel with all facilities included.

**Free time activities:** Leisure activities will focus on the knowledge of wine culture Vilafranca del Penedès, knowledge of the historical roots of Vilafranca, as well as the introduction of organic farming and urban gardens in the region.

**Location:** Vilafranca del Penedès

**Nearest airport:** Barcelona

**Special requirements:** It is necessary to be able to ride a bike.

Experience will be asked in work with children, as voluntarily or labor. There will be valued knowledge of theatre, sports, music.

**Be an active volunteer!**



**Remarks!**

CAT02 Implementing social inclusion policies in Vilafranca through sustainable International Work



**Hard Work?**

It is a hard work in spite of the fact that not physically, rather psychologically and emotionally, principally for the treatment with the children, since it is a question of children that they come from environments and difficult situations and with difficulties of behavior.

**Motivation letter**

Yes

**New in this camp**

**Don't forget!**

Experience / Motivation for working with children.

**Accessing**



## Workcamps 2011

Come and participate with us!



### CAT03 Friendly People

**07/07/2011 to 20/07/2011 Tortosa**  
**SOCI / RENO 12 vols 18-30**

Social workcamp that aims to bring together young people, grandparents, families with low incomes and at risk of social exclusion and homelessness in a project to establish or improve links and relationships between neighbors and help improve the situation of people at risk social exclusion.

Supporting volunteers in: Foster house, Social dining room and Social stitcher.

**Partner organization:** Obre't Ebre

**Work:** Social work: sharing time and expertise (IT, languages, cooking ...), help with daily tasks to the nuns of the refuge of "Caritas", sorting and distributing food, ...

Renovation work to the stitcher "Caritas": cleaning, painting and assembling shelves ...

Community work: Clean paths whereabouts or the beach ...

**Accommodation:** In a big classroom with wardrobes, bathrooms and showers in the Foster Home. This accommodation it's managed by nuns. You must respect the silence.

**Free time activities:** Activities to discover the environment (environmental tours and sites in the city of Tortosa), to learn the Catalan culture (traditional games: petanque, table games, music workshops and traditional dance), to learn sustainability (games role-playing, workshops, recycling, organic farming ...), for social cohesion (games and group dynamics, participatory workshops intergenerational, playing sports with young people, lectures, storytelling, participation in festivals ...), participate in village festivals.

**Location:** Tortosa

**Nearest airport:** Reus or Barcelona

**Special requirements:** To take interest as the subject matter of the field: social services, contacts with people with few resources...

The principal collaboration will be done by Caritas, religious entity, but the workcamp lay.

For her turning socially of the field and to facilitate the contact with the users who the great majority do not have knowledge of English, it is valued if the participants can speak Spanish.

**Be an active volunteer!**



## Remarks!

CAT03 Friendly People

**A comment from a last year's  
volunteer:**



>> <<

<b>Hard Work?</b>	A little bit!
<b>Motivation letter</b>	Yes
<b>New in this camp</b>	It's a new camp
<b>Don't forget!</b>	Sleeping bag and small mat. Tortosa not is Barcelona (200 Km). Contact with people of risk of exclusion. Sleeping in the foster home. It's valued the knowledge of Catalan or Spanish.
<b>Accessing</b>	...Accessing! For socioeconomic background or mental disabilities



**Workcamps 2011**

**Come and participate with us!**



## CAT04 International Traditional Music Festival of Cantonigròs

**07/07/2011 to 20/07/2011 Cantonigròs  
FEST 24 vols 18-30**

The music festival of Cantonigròs is a great event which attracts around 2.000 people among audience and participants. During this festival musicians from 30 different countries are performing, so it is a great intercultural experience! Performers, local people and volunteers participate side by side in the Festival. The Fundació Escolta Josep Carol, created by Escoltes Catalans (catalan scouts), has as a mission promoting education of children and youth in responsible citizenship and the values of catalan scouts: democracy, secularism, Catalanity, coeducation, commitment, critical thinking, honesty, solidarity, participation and appreciation for nature.

**Partner organization:** Fundació Escolta Josep Carol

**Work:** Regarding the technical work, it will be not only during the festival but also before and afterwards. The tasks will be: -assembling and dismantling the infrastructure of the festival; -support in the organization of services during the festival; -logistic support in relation to the participating groups; -access control during the festival

**Accomodation:** In tents next to the festival area, with all services provided. Participants will cook themselves.

**Free time activities:** Workshops and group activities: -cultural exchange between participants; -international meals; -discussions; -simulation games. There will be also the collaboration of locals. There will be also visits to Vic, excursions to different places.

**Location:** Cantonigròs

**Nearest airport:** Girona or Barcelona

**Be an active volunteer!**



## Remarks!

### CAT04 International Traditional Music Festival of Cantonigròs



#### **A comment from a last year's volunteer:**

**>> "It was a really nice time and I don't want miss the experience." <<**

<b>Hard Work?</b>	Not specially (depending on the day)
<b>Motivation letter</b>	Yes
<b>New in this camp</b>	
<b>Don't forget!</b>	Even though it's a festival, this is a serious workcamp. There will be no fixed working hours, as we are depending on the arrival of the material. There are no visits to Barcelona. Sleeping bag and small mat.
<b>Accessing</b>	Accessing! For socioeconomic background



**Workcamps 2011**

**Come and participate with us!**



## CAT05 Rural days and heritage recovery

**17/07/2011 to 31/07/2011 Cambrils (Odèn, Pyrenées)  
SOI / RENO 15 vols 18-30**

This project has an educational and social topic. The project will consist in two different topics:

- 1) actions in the town, such as: reconstruction of the rails of a Salt Mine and cleaning the space; cleaning works and repairs of a fountain and cleaning and to put up signs on two routes of the municipality.
- 2) preparing an International Meeting about the youth life in rural areas to take place on July 23st "Volunteering in rural areas"

**Partner organization:** CRUC, Coordinació Rural de Catalunya

**Work:** The work consists on recuperation of the Salt mine, a fountain and cleaning and to put up signs on two routes of the municipality. Also volunteers will preparing material, doing the setting and logistics in order to prepare the International Meeting on Youth and Rural life that is to be held at Cambils these dates, as well as preparing a multicultural lunch.

**Accommodation:** In tents, at the camping of Cambrils. All services provided.

**Free time activities:** Trips to the area (Turp, Pont del Clop...), one day in Barcelona, traditional dances, popular lunch, Intergenerational exchange.

**Location:** Cambrils (Odèn, Pyrenées)

**Nearest airport:** Barcelona or Lleida



**Remarks!**

CAT05 Rural days and heritage recovery



**A comment from a last year's volunteer:**

**>>"The technical leaders also made very good job, I felt guided in work, sport, activities. Big concern of everyone" <<**

<b>Hard Work?</b>	No
<b>Motivation letter</b>	No
<b>New in this camp</b>	
<b>Don't forget!</b>	Be motivated for the issue; it is VERY rural and not in a capital city! It is not near the sea but in the countryside there is swimming pool. Do not forget the swimsuit. Sleeping bag and small mat.
<b>Accessing</b>	Accessing! For socioeconomic background



**Workcamps 2011**

**Come and participate with us!**



## CAT06\*Delta Workcamp

**16/07/2011 to 30/07/2011 El Prat de Llobregat  
ENVI 25 vols 18-30**

CAT06\*: 4 MOTORS PROJECT: ONLY FOR IBG (GERMANY), CONCORDIA FRANCE, LOMBARDIA AND COCAT CATALUNYA)

We will work in the natural environment of the Delta of Llobregat.

**Partner organization:** Fundació Catalana de l'Esplai

**Work:** The tasks of the work camp will be divided in 3 lines: -actions to improve the environmental situation of the natural spaces of the Delta - collaboration in projects of conservation and management of the natural areas of the Delta -actions to spread awareness about the importance of the agricultural land stewardships in the marine Delta. This year volunteers will also work for the recovery of path "Sant Jaume".

**Accommodation:** Centre Esplai Youth Hostel. All services provided.

**Free time activities:** Different activities and games with the aim of reflexion about the perspectives of coeducation, interculturality, peace or sustainability. There will also be activities to promote the discovering of Catalonia: excursion to Montserrat; and excursion in bicycle for the river Besós, where we will visit the Moli de Sant Oleguer.

**Location:** El Prat de Llobregat

**Nearest airport:** Barcelona

**Special requirements:** CAT06\*: 4 MOTORS PROJECT: ONLY FOR IBG (GERMANY), CONCORDIA FRANCE, LOMBARDIA AND COCAT CATALUNYA. It's important to be able to ride a bike

**Be an active volunteer!**



## Workcamps 2011

Come and participate with us!



## Remarks!

CAT06\* Delta Workcamp

A comment from a last year's volunteer:



>> *"I really enjoyed the worcamp and I learnt a lot of interesting things"* <<

<b>Hard Work?</b>	A little bit!
<b>Motivation letter</b>	No
<b>New in this camp</b>	Recovery of path "Sant Jaume"
<b>Don't forget!</b>	4 MOTORS PROJECT: ONLY FOR IBG (GERMANY), CONCORDIA FRANCE, LOMBARDIA AND COCAT CATALUNYA It's important to be able to ride a bike
<b>Accessing</b>	Accessing! For socioeconomic background or mental disabilities



## Workcamps 2011

**Come and participate with us!**

### CAT07 Trullets '11

**18/07/2011 to 31/07/2010 Algerri**  
**ENVI / RENO 25 vols 18-30**

It is many years since the Ascalfó young people has been collaborating with the village of Algerri to improve its particular heritage. This year, the medieval castle is the centre, as well as the inventory of the flora of the Serra Llarga.

**Partner organization:** Associació Catalana de Lleure Formatiu

**Work:** Conditioning the area of the castle (cleaning the space). Flora inventory.

**Accomodation:** Sports center with mattresses in the floor.

**Free time activities:** Workshops on recycling paper, metals, popular games and dances, cultural visits, excursions to Balaguer and Lleida.

**Location:** Algerri

**Nearest airport:** Barcelona



## Workcamps 2011

Come and participate with us!



## Remarks!

CAT07 Trullets '11

A comment from a last year's  
volunteer:



>> *"All of my expectations were fulfilled, and even more the group had an amazing chemistry."* <<

<b>Hard Work?</b>	No
<b>Motivation letter</b>	No
<b>New in this camp</b>	Flora inventory
<b>Don't forget!</b>	It's important to bring adequate clothes and shoes for mountain. High temperatures!
<b>Accessing</b>	Not yet this year



## Workcamps 2011

**Come and participate with us!**

### CAT08 Montsoriu castle

**19/07/2011 to 01/08/2011 Castell de Montsoriu -  
Arbúcies  
ARCH 25 vols 18-30**

The castle of Montsoriu is an example of original gothic architecture in Catalonia. The Arbucies Youth Council has been working for its recuperation since some years ago as a mean to give value to its local heritage.

**Partner organization:** Consell de Joventut d'Arbúcies

**Work:** Archaeological excavation of rock movements, debris and earth to be lowering the level, until the original land of the castle while they find archaeological remains of ceramic type, metal, glass, bits of architectural style ... It's hard work but very rewarding and promoting teamwork always guided by professional archeologists

**Accomodation:** On weekdays in the same castle.  
Weekend in municipal facilities of Arbúcies.

**Free time activities:** The campleaders offer leisure activities in the afternoons and evenings with voluntary participation, always open to suggestions and changes of the participants. The organization intends that other people or associations of the village go to the castle for propose various activities for the exchange of knowledge and experience is broader.

The activities can be relaxing, role, orientation, workshops, history, cultural exchange, food, astronomy ...

On the weekends down to the village of Arbúcies. Also they will visit others village as Breda and Tossa de Mar.

**Location:** Castell de Montsoriu - Arbúcies

**Nearest airport:** Girona or Barcelona



## Workcamps 2011

Come and participate with us!



## Remarks!

### CAT08 Castell de Montsoriu 2011

**A comment from a last year's volunteer:**



**>> "I have enjoyed this place and work, It was nice experience." <<**

<b>Hard Work?</b>	It is a hard work but every participant contributes the way she/he can and there is time for rest or work. The work is varied and very gratifying.
<b>Motivation letter</b>	No
<b>New in this camp</b>	This workcamp is not new, but the innovation of this year is that the Castle offer visits for the cultural tourism the weekends.
<b>Don't forget!</b>	Mountain boots.
<b>Accessing</b>	Not yet this year



## Workcamps 2011

Come and participate with us!



### CAT09 Cooperate with Barcelona

**31/07/2011 to 13/08/2011 Barcelona**  
**SOCI / RENO 24 vols 18-30**

The District of Ciutat Vella (The old city) is the oldest quarter in Barcelona and one of the most damaged. In this socio economic context, more than half of the residences need some kind of rehabilitation, that locals in poor conditions cannot afford. The project has two main goals: improve the living conditions of the flats, through cooperation between locals and participants, and working in the social area with volunteers, through exchanges in the local space.

Fundació Escolta Josep Carol's, created by Escoltes Catalans (catalan scouts), mission is to promote education of children and youth in responsible citizenship and the values of catalan scouts: democracy, secularism, Catalanity, coeducation, commitment, critical thinking, honesty, solidarity, participation and appreciation for nature.

**Partner organization:** Fundació Escolta Josep Carol

**Work:** The work will consist in restoring houses in the district of Ciutat Vella in Barcelona. During the mornings from Monday to Friday participants will develop the housing restoring (cleaning and disinfection of spaces, painting, etc.)

**Accomodation:** Participants will sleep probably all in this same space (no separation for boys and girls) and using insulators and sleeping bags, on the floor (shoud bring their own mat and sleeping bag). The space will be provided by another organization we are collaborating with. Food will be provided by a Catering (please, if you have any allergies, etc. please tell us).

**Free time activities:** Different leisure activities, to be decided together with the participants during the workcamp, like: visit to museums, parks, villages around the city, etc.

**Location:** Barcelona

**Nearest airport:** Barcelona

**Special requirements:** There's no need to have knowledge or experience in renovation, but it's necessary an interest in social inequalities.

**Be an active volunteer!**



## Workcamps 2011

Come and participate with us!



## Remarks!

CAT09 Cooperate with Barcelona

A comment from a last year's volunteer:



>> *"I learn to work with a group and I understand the lot of thing."* <<

<b>Hard Work?</b>	No
<b>Motivation letter</b>	Yes
<b>New in this camp</b>	More pedagogical work
<b>Don't forget!</b>	This is not a "Barcelona party". You come to collaborate to a serious project! The workcamp will be in an area with socioeconomic difficulties. This is an austere workcamp
<b>Accessing</b>	...Accessing! For socioeconomic background



## Workcamps 2011

**Come and participate with us!**

### CAT11 After the fire

**15/08/2011 to 29/08/2011 Pinós**  
**ENVI 15 vols 18-30**

After the devastating fire in Central Catalonia and Solsonès in 1998, a great damage was caused. This educational environmental project was born in order to restore the area affected by the fire and spread awareness on self-care of the local environment. In this new edition works will continue in the Salt Route linking Pinós with Cardona (project started in the summer 2009).

**Partner organization:** CRUC, Coordinació Rural de Catalunya

**Work:** Volunteers' tasks: • Renovation and signposting of an antique path used to carry salt from the mine • Video report about the work done • Making discovery trips around El Solsonès. • Prepare a multicultural dinner.

**Accommodation:** Pinós social centre (participants will sleep all in the same place). All services provided.

**Free time activities:** Trips to the area, to Solsona market, one day in Barcelona, excursions to Busa and Ardèvol, traditional dances, multicultural dinner.

**Location:** Pinós

**Nearest airport:** Barcelona

**Special requirements:**



## Workcamps 2011

Come and participate with us!



## Remarks!

CAT11 After the fire



### A comment from a last year's volunteer:

**>> The leaders were great, funny and good organized. The group and the mood among people were very good. I liked the work camp and all the trips we have done. Probably I will do an other work camp. <<**

<b>Hard Work?</b>	No
<b>Motivation letter</b>	No
<b>New in this camp</b>	
<b>Don't forget!</b>	
<b>Accessing</b>	Accessing! For socioeconomic background



## Workcamps 2011

**Come and participate with us!**

# CAT12 Wetlands. International experience in the Empordà

**16/07/2011 to 29/07/2011 Castelló d'Empúries  
ENVI 25 vols 18-30**

This workcamp is specifically organized in order to have a good time while working and discovering the environment where we are. The work will be guided and developed by the "Parc Natural dels Aiguamolls de l'Empordà". The discovery of the environment will focus on the own park, where we'll live most days, but also we'll discover other parts of the region (Figueres, Empuriabrava, Albera, the Gulf of Roses ...).

**Partner organization:** Centre Excursionista Empordanès

**Work:** • Cleaning, collection and withdrawal of a former glass landfill • recuperation of places to observe the nature • Collection of garbage • Supression of invading plants • Collaboration in the construction of a new observatory point • repainting signs GR-92, which crosses the park • Other work related to the Park needs.

**Accomodation:** We will be staying in tents in a field near Mas Mata, within the natural park, the municipality of Castelló Empúries.

**Free time activities:** Nature walks, nature workshops, birds sighting, talks, guided tours, excursions.

**Location:** Parc Natural dels Aiguamolls de l'Empordà (Castelló d'Empúries)

**Nearest airport:** Girona

**Special requirements:** It's important to be able to ride a bike



## Workcamps 2011

Come and participate with us!



## Remarks!

CAT12 Wetlands. International experience in the Empordà



<b>Hard Work?</b>	A little bit, but the tasks will be changing
<b>Motivation letter</b>	No
<b>New in this camp</b>	New workcamp
<b>Don't forget!</b>	The workcamp is in a natural space, within the Park (not in the city)
<b>Accessing</b>	



## Workcamps 2011

**Come and participate with us!**

### CAT13 Sant Iscle's castle: looking for a past

**31/07/2011 to 14/08/2011 Vidreres**  
**ARCH 24 vols 18-30**

The Iscle Castle is situated in Vidreres, a town of the XII century. The castle is an historical patrimony of big importance in Catalonia, for many years was degraded and abandoned. There's the will to recover the castle in order to re-establish its value as it has played a great historical role in the past. The project aims to establish intercultural relations among international volunteers and locals from Vidreres by doing several cultural and popular events.

**Partner organization:** Grup d'Esplai Vidrerenc

**Work:** Restoring activities at the remaining parts of the castle. Participants will be provided with the necessary tools and our archaeologists will explain the basic techniques about ruins restoration. After some guided practice, participants will be capable of work by themselves in such activities.

**Accommodation:** The Salvador Espriu School. All services provided.

**Free time activities:** Activities to discover the cultural heritage of Catalonia. Different activities: swimming pool, workshops, excursions, games...

**Location:** Vidreres

**Nearest airport:** Girona

**Special requirements:** Since all skills will be learned there, no previous experience is required.



## Workcamps 2011

Come and participate with us!



## Remarks!

CAT13 Sant Iscle's castle: looking for a past



### A comment from a last year's volunteer:

>> *Interesting work, where we can see results* <<

<b>Hard Work?</b>	A little bit!
<b>Motivation letter</b>	No
<b>New in this camp</b>	
<b>Don't forget!</b>	The workcamp place is at some km from the town (there will be a van to go there)
<b>Accessing</b>	Not yet this year



## Workcamps 2011

**Come and participate with us!**

### CAT14 Montmagastre'11

**02/08/2011 to 15/08/2011 Artesa de Segre  
ARCH 25 vols 18-30**

Montmagastre was one of the most important castle in the Middle Ages, perhaps the most mentioned when talking of such buildings in our town. There remain only a few scattered ruins on top of the cone that forms the impressive limestone hill Montmagastre. The village was an ancient walled town. It is situated on the slopes of the hill Montmagastre (763 m high). At the summit, where we can enjoy a vast panorama, there are few traces of the old castle.

**Partner organization:** Associació Catalana de Lleure Formatiu

**Work:** The work consists of clearing vegetation and rubble of the fallen walls that has eradicated the old roads that connected the people of Montmagastre with farmhouses and other surrounding towns.

**Accomodation:** Sports center with mattresses in the floor.

**Free time activities:** Trips, workshops, environmental and adventure activities in the afternoons and evenings for recreational activities. Two days route discovering the area. Cultural Tour to Artesa, Rubio, Salgar Antona, and Malagastre Montmagastre.

**Location:** Artesa de Segre

**Nearest airport:** Barcelona

**Special requirements:** Since all skills will be learned there, no previous experience is required.



## Workcamps 2011

Come and participate with us!



## Remarks!

CAT14 Montmagastre'11



<b>Hard Work?</b>	No
<b>Motivation letter</b>	No
<b>New in this camp</b>	
<b>Don't forget!</b>	
<b>Accessing</b>	Not yet this year



**Workcamps 2011**

**Come and participate with us!**



**[www.cocat.org](http://www.cocat.org)**

**Calàbria 120, baixos**

**08015 BARCELONA**

**Telf.0034 93 425 40 64**

**Fax: 0034 93 423 44 98**

**e-mail: [cocat@cocat.org](mailto:cocat@cocat.org)**

### **Incoming:**

Cristina Simon, Cristina Vidal: [incoming@cocat.org](mailto:incoming@cocat.org)

Skype: incoming.cocat

### **Outgoing:**

Valentina Campomori, Clara Giberga, Marta

Diluigi: [outgoing@cocat.org](mailto:outgoing@cocat.org)

Skype: outgoing\_cocat

**Emergencies:** Elena Gonzalez: +34 622 31 20 51

**Be an active volunteer!**